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### **The Plant Paradox: Can You Trust Dr. Gundry? - Hallelujah Diet -**

Thu, 12 Jul 2018 03:11:00 GMT - Dr. Gundry's Lectin-Free Muffin Recipe (it's easy and good for your gut!) please share with family and friends: Dr. Steven Gundry is a cardiologist, heart surgeon, medical researcher, and New York Times bestselling author.

### **The Plant Paradox Approved Foods (print-friendly list) -**

- Dr. Gundry's Diet Evolution Turn off the genes that are killing you and your waistline. Originally published in

2008, "Dr. Gundry's Diet Evolution"