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### **Module 2 Handout 2.7: Social Emotional Teaching Strategies ... -**

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### **Anger - Wikipedia -**

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### **Anger Management Techniques -**

Tue, 19 Jun 2018 17:21:00 GMT - NATIONAL FORUM JOURNAL OF COUNSELING AND ADDICTION VOLUME 2, NUMBER 1, 2013 1 The Effects of Anger on the Brain and Body LaVelle Hendricks, EdD

### **The Effects of Anger on the Brain and Body - National Forum -**

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**ANGER MANAGEMENT WORKBOOK - Seasons TherapySeasons Therapy -**

- Understanding Anger is adapted in part from a core set of materials developed by Matrix, Inc. (at UCLA) and NDRI for relapse prevention group work.

**Understanding and Reducing Angry Feelings -**

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